



800-224-3731

wanda@themathisgroup.com
keith@themathisgroup.com
www.themathisgroup.com
www.pmexpertlive.com

9515 N SPRING VALLEY DR
PLEASANT HOPE, MO 65725

FAX 417-759-9110

The Messenger

September
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A Letter from Kim

My family, especially my husband, doesn't like change. If there's going to be a change coming soon, we have to prepare everyone ahead of time. Even for small things. My husband, Mike, and I have been married for 15 years. During those years, I've basically had the same hair style. A few trims and subtle variations through the years, but nothing drastic. This year, all that was able to change. I've been prepping my Mike since April that a change was coming. This month, I did it. I chopped off a foot of hair. Even with months of advanced notice, Mike still didn't handle the change well. He's gradually getting used to it though.

Well, I've decided to change things up with our newsletters as well. After 13 years of doing them the same way, it's time for something different. I hope you handle change better than Mike does! In our new newsletter, we will still give you quality content that you can use in your job. Whether you need tips on how to make your project run better or suggestions on how to deal with a negative co-worker, we're here to help.

We're also going to start a new section that I'm really excited about. In each issue, we will shine a spotlight on a student who has gone through our PMP Exam Prep Boot Camp and has passed the PMP exam. These students have worked hard for this accomplishment and we want to brag on them a little. You will get first-hand testimonies on how our Boot Camp can help you.



It's Time for a Change

Change is the moving of a person, company, or event from one position to another. Some embrace change while others run away from it. Some become hostile while others are simply apathetic. Some have security in what they know and do not want a change. Others may fear change because of what the future will bring; they are comfortable functioning with past ways. As you can see, the whole concept of change brings about a variety of emotions and reactions. There are several factors which influence a person's viewpoint about change. By understanding these things which influence, we can better handle the vast array of responses people elicit.

Predisposed thoughts about a change – Many people will not give change a chance. They have decided the change will hurt them or it will not help them in the long run. Unfortunately, they have made a decision with no true knowledge of what the change will involve.



PMP® EXAM PREP CLASSES
You pass or we pay for the 2nd and 3rd test

It's Time for a Change...cont.

Feelings of uncertainty - Uncertainty usually rests in an insecure person. They view change as something in which they will have no control; therefore, it is a threat.

Thoughts of others - Many people are easily influenced by their peers. They will agree with another's point of view because they do not want to rock the boat, stir up a confrontation, or be looked at as being on the wrong side.

Ability to trust - Trust is so important, yet so hard to establish among people. Within any relationship, whether it be individual or corporate, trust is key in embracing change. Past situations often come back into play as people reflect on what happened before. Ethical, respectful behavior will lead to a trusting relationship in which changing conditions can be adapted.

Fear of expectations - A change in expectations causes nervousness in many people. They wonder if they will be able to perform successfully. Will more be demanded from them; will their responsibilities change; will they be able to keep up with the new expectations?

Methods used to bring about change - For some, it is not the actual change being made that causes alarm, but the struggle comes from the methods being used. They are uninformed and do not understand the processes being put in place; therefore, the change is causing havoc for them.

Personal reasons and feelings of opposition - No one can know all the personal reasons which may block a successful change. Sometimes, though, these secret personal reasons result in opposition to the change.

UPCOMING PMP® EXAM PREP BOOT CAMPS



YOU PASS OR WE PAY

Sept 19-22	St. Louis, MO
Sept 26-29	Jefferson City, MO
Oct 4-7	Wichita, KS
Oct 11-14	Springfield, MO
Oct 24-27	Topeka, KS
Nov 7-10	Overland Park, KS
Dec 5-8	St. Louis, MO

Truth

When you reach for the stars
you may not quite get one, but
you won't come up with a
handful of mud either.

Leo Burnett

Commit your work to the Lord,
and your plans
will be established.

Proverbs 16:3

Whoever works his land will have
plenty of bread, but he who
follows worthless pursuits
will have plenty of poverty.

Proverbs 28:19

STUDENT Spotlight

We want to recognize the students who have successfully passed the PMP Exam.

What is your favorite food?

I love it all!

What is your favorite movie?

**Star Wars
(original trilogy)**

Congratulations, Stacy Maskey!

Please write a recommendation about our class.

Taking the PMP Prep Boot Camp with The Mathis Group is a MUST if you want to pass the PMP Certification exam.

The Mathis Group is wonderful to work with and the boot camp is hands down the best at preparation for taking and passing the exam.

What was the best thing about the PMP Exam Prep Boot Camp?

Hands down, the amount of information it crammed into my head. I had been studying for a couple months before, but the boot camp made understanding and remembering the information a LOT easier. The stories and examples were extremely helpful, as was learning some of the "hidden" aspects of project management, but the overall knowledge dump was exactly what I needed.

Just For Fun



Word Search

E	M	B	R	A	C	E	U	F	T	P	T	I	R	X
Y	T	N	I	A	T	R	E	C	N	U	H	M	F	W
R	E	D	A	E	L	F	E	K	C	K	G	P	H	Z
E	B	S	T	B	L	J	X	H	O	R	I	R	J	W
R	Q	A	R	D	O	R	A	X	K	D	L	O	I	C
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I	B	U	D	V	B	R	O	Y	F	Q	A	T	M	E
H	M	S	R	Z	Q	N	Q	R	I	I	D	X	Y	X
V	V	D	H	T	U	W	V	I	Q	T	D	A	H	P
S	X	U	W	A	X	Z	Z	S	T	X	Z	T	B	D

CHANGE
EMBRACE
IMPROVE
PROJECT

TRUST
DIFFERENT
EMPOWER

LEADER
SPOTLIGHT
UNCERTAINTY



***How do you handle
change...?***



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