

# MILESTONE

*Providing Stepping Stones  
Along the Path to Success*



A WOMAN-OWNED  
SMALL BUSINESS

SIX SPECIALIZED  
PMOS

A Project Management Office (PMO) is a specific group of skilled project professionals within an organization that provides project management oversight, assessment, and support. It trains and develops the best project management practices and standards, delivering maximum value through its projects. Its purpose is to accelerate business value by aligning portfolios to organizational priorities, optimizing resource and investment decisions, and utilizing lessons learned as repeatable performance systems. The Project Management Institute identifies six specialized types of PMO.

#### ***Strategic/Enterprise PMO***

Strategic Enterprise PMOs translate corporate strategy and ensure the organization delivers measurable business value through disciplined prioritization, governance, and capability development. It is not about enforcing templates — it is about enabling organizational success at scale.

#### ***Transformation PMO***

Transformation PMOs orchestrate the people, processes, and technology shifts required to move an organization from its current state to its desired future state. It focuses on strategic transformation rather than routine project delivery, ensuring cross-functional alignment, cultural adoption, and measurable business outcomes during major organizational change.

#### ***Value Management PMO***

Value Management PMOs maximize measurable business value across all initiatives by ensuring strategic alignment, prioritization, investment discipline, benefit realization, and continuous value optimization throughout the project and product lifecycle. This shifts the organization from delivering projects to consistently delivering value.

#### ***Innovation PMO***

Innovation PMOs identify, incubate, accelerate, and scale innovative ideas that drive competitive advantage, new value creation, and organizational growth. It systematizes innovation, enabling the organization to innovate intentionally, rather than by accident. Its mission is to build a repeatable pipeline for discovering and developing breakthrough ideas, emerging technologies, and new business models that future-proof the organization.

#### ***Center of Excellence***

A Center of Excellence builds and sustains world-class project delivery by establishing best-practice standards, providing training and coaching, improving methodologies, and equipping teams with tools, templates, and knowledge to deliver successful outcomes. It elevates capability and maturity across all project teams, ensuring excellence in project practices, leadership, processes, and results.

#### ***Digital PMO/AI-Enabled PMO***

Digital/AI-Enabled PMOs leverage advanced digital tools, automation, analytics, and AI to enhance project delivery, portfolio decision-making, reporting accuracy, and organizational adaptability. It enhances organizational performance and strategic delivery by leveraging digital platforms and AI tools that accelerate speed, increase transparency, enhance intelligence, and add value throughout the project lifecycle.

To determine which PMO type suits your organization, start by clarifying why you need a PMO. Is it for strategic or portfolio oversight, training, or better communication? Understanding how a PMO can help you will guide you to find the right one.

## **UPCOMING FREE WEBINAR**

### **REINVENTING THE PMO: FROM POLICING PROJECTS TO DRIVING GROWTH**

**FRIDAY, JANUARY 30**

**10:00 - 11:00 AM CST**

**1 PDU**

**TO REGISTER, GO TO**

**[www.themathisgroup.com/webinars](http://www.themathisgroup.com/webinars)**



## **SATISFIED CLIENTS OF THIS COURSE**

**FAA**

**UKRAINE PMI CHAPTER**

# PROJECT MANAGEMENT OFFICE (PMO) - 3 DAY

## CREATING A CENTER OF EXCELLENCE FOR EFFICIENT PROJECT DELIVERY

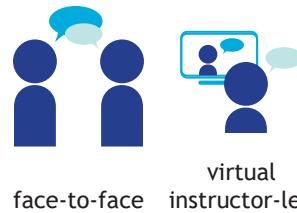
**PDUs - 19.5**

### **PMI's Talent Triangle Breakdown**

Ways of Working - 17.00

Power Skills - 1.50

Business Acumen - 1.00



***Course Description:*** This three-day course will give each participant an in-depth

opportunity to engage in a complete examination of the breadth of the Project Management Office. Participants will examine the role, purpose, and different models used, as well as how an organization would approach establishing a PMO. Participants will learn best practices for establishing, managing, and successfully leading toward project excellence with a PMO.

We will discuss methodologies for the PMO that will allow students to understand and implement project management core competencies across the organization.

### **Course Objectives:**

#### **Objective 1: Examine why a PMO fails**

Discuss various environments in which a PMO will thrive

Discuss the reasons why any organization should consider a PMO

Examine how a PMO impacts organizational change and internal culture

Examine the PMO in relation to portfolio management

Relate the PMO to project management

Examine the relationship with program management

Discuss the differences between a Project Office and a Center of Excellence

Create a list of standards the PMO will follow

List what a PMO should do

Identify how the PMO should support the strategic plan

Discuss the link between strategic objectives and PMO

Analyze the PMO model

Apply PMO governance

#### **Objective 2: Assemble the right PMO staff**

Examine the role of executive leadership and sponsorship to the PMO

Create the PMO methodology and services

Discuss the PMO roles and responsibilities

Discuss organizational change and acceptance of the PMO

Discuss training and mentoring provided by PMO

Examine core competencies and a team development model

#### **Objective 3: Develop a curriculum for internal project management training**

Discuss the benefits of creating an internal certification

Create metrics for measuring the PMO effectively

Discuss evaluation and oversight strategies

Examine project recovery processes and solutions

Develop a model for creating internal best practices

#### **Objective 4: Discuss better ways of establishing customer relationships**

Examine the relationship between a PMO and a vendor contractor



A WOMAN-OWNED SMALL BUSINESS (WOSB)



Providing quality, customized training and consulting services that inspire, educate, and equip organizations to be better tomorrow than they are today.

**DR. KEITH MATHIS, PMP, PMI-ACP, CSP-SM, CSP-PO  
WANDA MATHIS, M.ED. PMI-ACP**

# **PROJECT MANAGEMENT TRAINING**

## **OVER 60 PROJECT MANAGEMENT COURSES REGISTERED WITH PMI**

### **PRESENTATIONS THAT EDUCATE, MOTIVATE, AND INSPIRE**

Since 1993, The Mathis Group has been helping organizations change worker productivity and behavior.

**PROJECT MANAGEMENT  
MARKETING  
MOTIVATION  
ORGANIZATIONAL BEHAVIOR  
LEADERSHIP  
CUSTOMER SERVICE**

### **COMPANY MANDATE**

The Mathis Group provides training and consulting that will impact the organization and individual while maintaining an outstanding reputation for success and integrity.

### **VALUES STATEMENT**

Every person has worth and should be treated with respect.

### **AREAS OF EXPERTISE**

- Curriculum Design
- Project Management
- Organizational Behavior and Development
- Management
- Agile Project Management
- Strategic Planning
- Executive Coaching
- Performance
- Team Building
- Emotional Intelligence
- Leadership
- Customer Service
- Supervisory Leadership
- Hybrid Project Management

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GSA Contractor Number:  
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GSA Contract Holder



# WEBINARS

## DECEMBER 12 - DATA-DRIVEN DECISION-MAKING IN PROJECT MANAGEMENT: Leveraging Metrics for Success

## JANUARY 30 - REINVENTING THE PMO: From Policing Projects to Driving Growth

## FEBRUARY 6 - AI IN ACTION: How to Successfully Implement AI Across Your Organization

We know that it can be hard to schedule continuing education for your team. We offer free monthly webinars that can be watched as an individual or a group. This 1-hour of training can be used to hone skills that your team needs. We include a Webinar + Notes with discussion questions to guide your group to learn from each other. If you can't make it to the live session, a replay link will be sent out.

Register for our 2025-2026 webinars today at  
[www.themathisgroup.com/webinars](http://www.themathisgroup.com/webinars)

## 2026 PMP® EXAM PREP BOOT CAMPS

**FEBRUARY 2-5**  
**APRIL 20-23**  
**JUNE 1-4**

Don't fear the PMP® exam certification test any longer! This fast-paced boot camp prepares each participant with all the core competencies to pass the PMP® exam the first time while providing you with 35 contact hours. Using PMI's study material aids students by providing the exact content that will be on the exam.

For more information and to register, go to  
[www.themathisgroup.com/bootcamps](http://www.themathisgroup.com/bootcamps)